

# HIGHS & LOWS

Words and Music by  
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& Joel Houston

VERSE 1:

**When it feels like the dark  
Lingers longer than the night  
When the shadows feel like giants  
Are You chasing me down**

VERSE 2:

**Tell me where could I run  
From Your light  
Where could I hide  
Hemmed within Your precious thoughts  
There's no hiding from Your love**



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CHORUS 1:

**Highs and lows**

**Lord You're with me either way it goes**

**Should I rise or should I fall**

**Even so**

**Lord Your mercy is an even flow**

**You're too good to let me go**

VERSE 3:

**Should I dance on the heights**

**Or make my bed among the depths**

**Your mercy waits at every end**

**Like You planned it from the start**

VERSE 4:

**Should the dawn come with wings**

**Or find me far-side of the sea**

**There Your hand still fastens me**

**Ever closer to Your heart**



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CHORUS 2:

**Highs and lows**

**Lord You're with me either way it goes  
Should I rise or should I fall**

**Even so**

**Lord Your mercy is an even flow  
Should I rise or should I fall  
You are faithful through it all  
You're too good to let me go**

CHORUS 3:

**Highs and lows**

**You surround me either way it goes  
Should I rise or should I fall  
Lord You're with me through it all**

**Highs and lows**

**In the rhythms of Your grace I know  
Should I rise or should I fall  
You are faithful through it all  
And You're too good to let me go**



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