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# STARTS AND ENDS

Words and Music by  
Joel Houston & Brooke Ligertwood

VERSE 1:

**My soul thirsts for things I can't explain  
In my bones a beckoning to pray  
If my heart is a battleground  
My defences run both ways  
The flesh is a beggar and thief  
But there is a Spirit-man awakening me**

VERSE 2:

**When real life and peace won't make amends  
When all these starts  
Start feeling like these ends  
Like the world is unravelling  
And I'm bound to come undone  
There is a Shepherd a Priest  
There is a Comforter who comforts me**

REFRAIN 1:

**And my soul finds rest  
Where it makes no sense  
There the blood sets me free**



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REFRAIN 2:

**All my old regrets  
All my brokenness  
All my failures redeemed**

REFRAIN 3:

**And it feels like grace  
Where I stacked my shame  
There the cross stands for me**

REFRAIN 4:

**All the things I've done  
All the times I've run  
All my dead ends redeemed**

REFRAIN 5:

**And it looks like hope  
Where my heart was broke  
And His heart broke for me**

BRIDGE:

**Lay your burden down upon  
Down upon Him  
Lay your burden down**



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PRE-CHORUS:

**Jesus my rest in peace  
My reconciler  
You're my every good thing**

REFRAIN 6:

**I surrender all  
All I'm living for  
You're my every good thing**

REFRAIN 7:

**You're my amnesty  
You're my split wide sea  
You're my every good thing**

REFRAIN 8:

**All my days and nights  
You're my death to life  
You're the wonder I breathe**

REFRAIN 9:

**You're my can't explain  
First and last refrain  
You're my every good thing**



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