DAILY DEVOS WITH PHIL

DAY 3: PEACE OVER PANIC

Hey Everybody,

Phil here with another Devo for the day, which I hope will help you with whatever is going on in your world right now. We are living through some crazy, uncertain times.

Psalm 23:2 (NIV) says: 'He makes me lie down in green pastures, He leads me beside quiet waters.'

God is the Good Shepherd and we are His sheep. That's right, if you follow God, you are part of the Sheep Pack (not the Wolf Pack!)

And in Psalm 23:2 we read that: 'He **makes** me lie down in green pastures ...' He makes me. There are times when God wants us to rest. With everything that's happening in our world right now, it feels like things are slowing down (at least for those of us who are not on the frontline of combatting this virus.)

Many of us can't leave our homes at the moment. (Here in South Africa, we're on the brink of a national shutdown that begins at midnight on the 26th of March.) We are being forced to slow our lives and our worlds down. And maybe God is teaching us that we need to rest a bit more in order to be whom He has called us to be. If we are always rushing from one thing to the next, we miss some beautiful moments in life.

Lying down in green pastures doesn't mean giving up or giving in. It simply means resting in the knowledge that God is in control.

Remember, not matter what is happening in the world, the Good Shepherd is working on your behalf. The Good Shepherd is there to guide you, lead you, protect you and reassure you that you can rest secure in the knowledge that He is still in control. Rest restores your soul; it allows you to be renewed, encouraged and refreshed.

So I want to encourage you today, take some time to rest knowing that God is with you and that the Good Shepherd has got your back.

This is Phil signing off. God bless you. Spread the love, not the virus.