

## DAILY DEVOS WITH PHIL

### DAY 4 : PEACE OVER PANIC

Hey Everybody,

I hope these Daily Devos are helping you with whatever is going on in your world right now.

In Matthew 14: 22–33, we read about Peter walking on water. In the midst of a storm, the disciples suddenly see Jesus walking on the water towards them. Peter gets out of the boat and starts walking on the water towards Jesus. Everything is going great until Peter takes his eyes off Jesus and focuses on the violent wind. Then Peter starts to sink.

In the middle of a storm, like the one the world finds itself in right now, it's perfectly human to look around and freak out instead of focusing on God. But in these unpredictable times, what we choose to focus on matters more than ever.

So how do you stay strong? I want to encourage you to fix your eyes on God. Spend time with Him first thing in the morning *before* you check the latest news or notifications on your phone. Decide: 'I am focusing on God!'

Isaiah 26 verse 3–4 (MSG) says: *'People with their minds set on You, You keep completely whole, Steady on their feet, because they keep at it and don't quit. Depend on God and keep at it because in the Lord God you have a sure thing.'*

**In the Lord God you have a sure thing.**

C.S. Lewis gives some very sensible advice about living in unprecedented times in an essay titled 'On Living in An Atomic Age': *'... the first action to be taken is to pull ourselves together. If we are all going to be destroyed by an atomic bomb, let that bomb when it comes find us doing sensible and human things – praying, working, teaching, reading, listening to music, bathing the children, playing tennis, chatting to our friends ... not huddled together like frightened sheep and thinking about bombs. They may break our bodies (a microbe can do that) but they need not dominate our minds.'*

In the midst of this pandemic, let's focus on what matters because in God we have a sure thing.

This is Phil signing off. God bless you. Spread the love, not the virus.