

# Meditations On The Love Of God

21-day series

## meditations on the love of god

GOD IS LOVE





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## Practical steps for each day

### **1. FIND A COMFORTABLE POSITION.**

-Find yourself a comfortable position for you to spend the next 15 minutes. This could be a chair that can become your 'God chair' or it could be simply taking a comfortable position on the floor, either sitting or kneeling.

### **2. ELIMINATE DISTRACTIONS.**

-Where possible find a silent place – close the door, leave your phone outside, remove the noise.

### **3. CLOSE YOUR EYES AND BREATHE.**

-Closing your eyes and breathing deeply helps you to focus and consolidate all your energy on this time of prayer. Before you begin to read the day's meditation take five deep breaths with your eyes closed.

### **4. OPEN YOUR EYES AND READ THROUGH THE DAY'S MEDITATION.**

-Read through the passage of Scripture as many times as you wish. Let the words sink in. Then read through the attached meditation which is designed to lead you to a place of surrender.

-Having read through the meditation, spend some time in prayer, concentrating on the thoughts that have been pulled out of the passage.

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Day 10 - Jesus and the Mockers

## Day 10: Jesus and the Mockers

### **PAUSE—**

Close your eyes. Take a moment to still your mind and draw your scattered senses onto the presence of God. He is with you today, and He loves you.

### **BREATHE—**

Take five slow deep breaths, in and out. Allow your mind to clear as you focus on your breathing.

### **READ—**

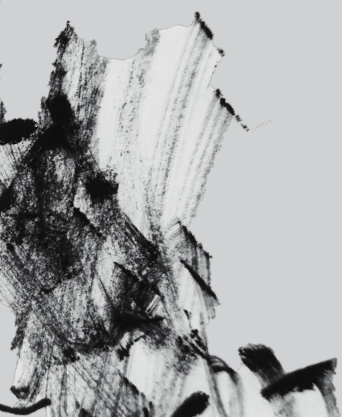
Read today's passage once or twice through, out loud if it helps.

*"Two others, both criminals, were led out to be executed with him. When they came to a place called The Skull, they nailed him to the cross. And the criminals were also crucified—one on his right and one on his left. Jesus said, "Father, forgive them, for they don't know what they are doing." And the soldiers gambled for his clothes by throwing dice."*

**Luke 23:32-34**

### **REFLECT—**

Reflect carefully on the words in this passage. What do they mean? Take a moment to consider the forgiveness of God which is offered to all. As the criminals in this passage learned, it is never too late to embrace God's forgiveness.



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*Day 10 - Jesus and the Mockers*

## THINK—

Allow your understanding of these words to deepen as you contemplate this truth further. Read the thought below and allow it to resonate with your spirit.

Think about a time when you had to forgive someone. Forgiveness is often difficult, it's unpleasant and it comes with a significant cost. Forgiving people for both horrendous acts and small offences can be an incredibly trying process, and it often takes time, tears and true courage.

In today's passage we read about Jesus, nailed to a cross, looking down at the people who had not only crucified him but mocked him in the process. Jesus, completely innocent of all charges and all wrongs, did not look at these people with bitterness or remorse, but he looked at them with deep forgiveness and untainted love. In the thick of his pain and the depth of his humiliation he made the decision to forgive those who wronged him even though their wrongs cost him his life.





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Day 10 - Jesus and the Mockers

Meditate today on the forgiveness of God which is freely extended to all, regardless of what we have done and in spite of the hurt we may have caused. You may feel like you have made too many mistakes or gone too far to ever merit a fraction of the forgiveness of God. But be reminded today that in the same way Jesus forgave the very men who nailed him to the cross and mocked his very name, he can and does forgive you too. His love never ends, his mercies never cease and his forgiveness never falls short of reaching you.

## **PRAY—**

*God, thank you for your forgiveness which is offered to me. I accept it today. Thank you that your mercies are new every morning.  
Amen.*

