

Children and Young People Info Sheet

ONLINE SAFETY FOR CHILDREN AND YOUNG PEOPLE AT HILLSONG CHURCH



Connecting online is a great way to stay in touch with your friends and leaders from church.
Online programs and services should be safe and fun for everyone.
This info sheet will help you learn some tips to staying safe online.

Hillsong Kids and Youth Online Services and Programs

- Hillsong Kids and Youth services are streamed only on the Hillsong Online services platform and official social media channels.
- Small Groups (KDG's and RDG's) are hosted on the Hillsong Zoom platform.

When connecting with your leaders and friends through Zoom:

- Only join Zoom meetings that have a [hillsong.zoom.us/meetingnumber](https://hillsong.zoom.us/j/6123456789) link.
- Don't share zoom meeting links publicly or on social media.
- Be careful who you share personal information with online such as your address, date of birth or the name of your school.
- There should always be two leaders present in online services and programs.

Remember: If you don't feel safe or something makes you feel uncomfortable tell your parents or your leaders or Safe Church.

You can contact Safe Church anytime on safechurch@hillsong.com or 1800 557 264

Top Tips for using Zoom

- ✓ Be in an open environment such as the kitchen or living room, rather than a bedroom.
- ✓ Check what's in your background so that others don't see personal items.
- ✓ Wear what you would usually wear to church or RDG.
- ✓ Be kind and courteous. Bullying, offensive or inappropriate behaviour is not ok.
- ✓ For more information see the Zoom Safety info sheet hil.so/zoomsafety.

LEARN MORE
ABOUT STAYING
SAFE ONLINE:

Young People
esafety.gov.au/young-people

Kids
esafety.gov.au/kids

Staying Safe Online

The online environment can be a great place to have fun, play games, connect with friends, learn and discover. Just like it's important to stay safe in physical spaces, it's important to stay safe in online spaces too.



Be Safe

- ✓ Being online can be lots of fun if you're safe. Going online is like learning to ride a bike. There are some things you need to do so you can stay safe and have fun.
- ✓ Talk to people online that you know in person. Not everyone online is nice and people can also pretend to be someone else.
- ✓ Personal information is like the key to your house. When you're online, information like your full name, date of birth, phone number and where you live is information you need to be careful with.
- ✓ Enable security and privacy settings on devices. Privacy and security settings on devices and apps help to keep personal information, and you, safe.
- ✓ Tell your parents or someone you trust if you're sent any messages that make you feel uncomfortable. If a message makes you feel unsafe, scared or a bit weird then it's not right for you. Don't respond to them and let an adult you trust know about it.



Be Kind

- ✓ Be kind to others, being mean online is not ok.
- ✓ Remember no one deserves to be hurt online. It's not your fault. You can get help.
- ✓ Let your parents or a trusted adult know if someone is being mean or makes you feel uncomfortable. Not everyone online is kind.
- ✓ You can help by watching out for others and making sure they are ok.
- ✓ Stand up for others if you see bullying online. Tell an adult what's going on. Be kind to anyone who is being bullied. Show them you care by supporting and including them.

**If you need more help or support you can contact
Kidshelpline 1800 55 1800 or
Headspace (for 12-25y/o) 1800 65 0890**



Ask for Help

- ✓ Stay in an open area or nearby to your parent, carer or trusted adult when you're online so you can easily ask for help if you need to.
- ✓ Ask for help if you see something online that makes you feel uncomfortable or if someone sends you an image or video that makes you feel yuck.
- ✓ Ask for help if you need to block someone from sending you messages that make you feel unsafe. If someone you don't know is contacting you or if someone is bullying you online it can be reported to the app or site you're on. eSafety.gov.au can also help to get content removed.
- ✓ Switch off your device, close the browser or turn off the screen if you see something you don't like. It's not your fault if you see something you don't like. Tell an adult and don't worry about getting in trouble. It's more important that you talk to your parents or an adult you trust so they can make sure you are ok and ensure you don't see something like that again.



Make Good Choices

- ✓ Make good choices when you're online.
- ✓ Be wise, not everything is always as it seems. Some things online can trick us. It could be a fake news story, information that is not true or a fake website. Or someone could pretend to be another person online.
- ✓ Make your accounts private and don't accept requests from strangers.
- ✓ Remember once you share something online it is very difficult to take it back. It could be shared or copied by someone else.
- ✓ If you are unsure, don't share it! There are plenty of things you can share online, but you need to keep your personal information private. If you are unsure about sharing something, it is best not to share it.
- ✓ Always ask an adult before downloading something, spending money, using gift cards online or entering competitions to win prizes. Watch out for sneaky online tricks to make you pay without knowing or online scams.

ONLINE GAMING

Online gaming can be a great way to build positive connections with children and young people, but also comes with risks of negative experiences. To minimise risks and promote positive online interactions, leaders who connect with children and young people through online gaming must observe our safety guidelines. For more information and to read the safety guidelines for online gaming please see the 'Online Gaming' Info sheet.