

# **ANCHOR OF MY SOUL**

Ps. Julie Galanti | Sunday 22.11.2020

'What we think about God is the most important, pivotal, and determining factor of whether we enter into the call and destiny God has for us.'

– Katja Adams

What we think about God is the most important thing about ourselves. Holding on to the truth that God is good is the anchor of our soul. This knowledge that God is who He says He is makes all the difference in the world.

Hard times reveal what lies in our hearts, but it takes faith to believe that God has got us even when we can't see any change around us. God does not condemn us when we fail or fall. Instead, it becomes an opportunity for us to learn how to fight the good fight of faith and grow deeper in his love.

Our thoughts are our reality, we should check our thought life with the following questions:

- What do we think of God/Who do we believe God is?
- How do we align our thoughts with the Word of God?
- How do we cultivate expectations?

#### Proverbs: 23:7 (AMP)

For as he thinks in his heart – so is he.

- We create our lives through our thoughts.
- The loudest voice in our thoughts is our self-talk.
- Our self-talk is often full of hurtful, condemning, negative and fearful thoughts that haven't even happened yet.
- We must renew and realign our thoughts to the word of God.



## 2 Corinthians 10:4-5 (NIV)

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

We have the power to choose the thoughts that rule our lives; we can subdue and bring them into subjection to Christ. It should be a repeated and continuous action to choose faith filled thoughts.

# Matthew 22:29 (NLT)

Your mistake is that you don't know the Scriptures, and you don't know the power of God.

As we read scriptures, we must also ask ourselves these questions:

- Is the Living Word planted in you?
- Are you filled with truth and occupied with God's realities?
- How engrafted is His word in your being?
- Is there growth? Are you fruitful in your life?

#### Isaiah 40:8 (NLT)

The grass withers and the flowers fall, but the word of our God endures forever.

#### Isaiah 48:18 (NIV)

If only you had paid attention to my commands, your peace would have been like a river, your well-being like the waves of the sea.

There is no substitute for the Word of God.

#### <u>Romans 10:17 (NKJV)</u>

Faith comes through hearing and hearing the word of God.

Faith is an expectation, it is watching and waiting over God's word. Looking to God and expecting good.



## Romans 16:25 (TPT)

God has more than enough power to make you strong and keep you steadfast.

We can't allow offense with God or circumstances like singleness, loss, crisis, abuse, illness or uncertainty to cloud our trust in God.

# Jeremiah 15:19 (AMPC)

Therefore thus says the Lord to Jeremiah: If you return and give up this mistaken tone of distrust and despair, then I will give you again a settled place of quiet and safety, and you will be My minister; and if you separate the precious from the vile cleansing your own heart from unworthy and unwarranted suspicions concerning God's faithfulness, you shall be My mouthpiece.

## <u>Isaiah 43:1-4 (MSG)</u>

When you're between a rock and a hard place, it won't be a dead-end—Because I am God, your personal God, The Holy of Israel, your Savior.

The most significant loss in life is the loss of faith. In God, there are no dead ends. We can rest assured that the anchor of our soul is that God is good.